

CHEVY CHASE VILLAGE CRIER

THIS MONTH IN THE CRIER

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VILLAGE TO CELEBRATE 4TH OF JULY

Many residents are expected to participate in the Annual Chevy Chase Village **July 4th Parade to the Park**. Parade assembly will begin at 10:15 a.m. at the Village Hall. The parade will be led by the Montgomery County Fire and Rescue Service (subject to the active service calls to which they may have to respond). At 10:30 a.m. (sharp) participants will make their way to the Large Oliver Street Park (located between Oliver Street/Kirkside Drive/Park Street) where entertainment and refreshments will be available for all to enjoy.

A moon bounce and a sprinkler area will ensure a fun time for the kids along with Ms. Paula (a.k.a. *Betsy Ross*) doing face painting, sack races and plenty of fun for the entire family. Watermelon, hot dogs, popcorn and popsicles will be served along with plenty of cold beverages.

The Village Police will be on-hand at the Park to register bikes and copies of the 2016 Resident Directory will be available for pick-up (limit 1 per household).

Please see the enclosed flyer and plan to attend this year's July 4th Parade & Party!

IMPORTANT INFORMATION

Monday, June 13 at 7:30 p.m.

Board of Managers' Meeting
Chevy Chase Village Hall

Friday, June 10

Deadline to Return Directory Updates

Monday, July 4 from 10:15 a.m.-12:30 p.m.

July 4th Parade & Party
(see enclosed flyer for more information)

Monday, July 11 at 7:30 p.m.

Board of Managers' Meeting *at the Village Hall*

Tuesday, August 2 from 6:30-8:30 p.m.

National Night Out *at Newlands Park*

Tuesdays: June 14, July 12 and August 9 from 2:00-4:00 p.m.

Chevy Chase@Home's Meet & Mingles
at the Village Hall

July Appeal/Variance Deadline: 6/20 by 5:00 p.m.

5906 Connecticut Avenue
Chevy Chase, Maryland 20815
phone: 301.654.7300
fax: 301.907.9721
email: ccv@montgomerycountymd.gov
website: www.chevychasevillagemd.gov

CONSTRUCTION NOTICE: WESTERN GROVE URBAN PARK

Following fifteen (15) years of planning and design, construction on the development of Western Grove Park is slated to begin on or around June 1. Construction is anticipated to last until February 2017.

During construction the park will be closed to all access and will be fenced off for safety reasons. Residents wishing to access Chevy Chase Center or the Friendship Heights Metro should use the Buffer path and entrance located at Montgomery Street.

All work will be conducted Monday through Friday only during the hours of 8:00 a.m. and 5:00 p.m. Residents should expect noise levels to be higher than is normal at times. All construction-related traffic will access the site from Western Avenue, therefore there should be no additional traffic on Village streets.

Continued on Page 2, Second Column...



National Night Out on Tuesday, August 2
See page 5 of this issue for more details!

MAINTAINING HEALTHY LAWNS

Montgomery County Council recently passed Bill-52-14 “Healthy Lawns”, which restricts the use of certain pesticides on private lawns and lawns at child care facilities and playgrounds. Passing of the legislation reflects growing concern about research linking cancer, particularly in children, with exposure to certain chemicals used in commercial pesticides and herbicides.

The provisions of Bill 52-14 include a restriction of the use of EPA-registered pesticides in places where children are most likely to be exposed such as public and private lawns, playgrounds, mulched recreation areas and children’s facilities including child care centers. The Bill requires the Parks Department to conduct a pilot program of five pesticide-free playing fields and to provide the County Council with semi-annual status updates. It also requires the Parks Department to develop a plan that would lead to maintaining all playgrounds in the County without pesticides by 2020. The Bill restrictions do not apply to gardens, trees and shrubs, invasive species, noxious weeds, biting or stinging insects, hardscapes, indoor pest control, agriculture, golf courses and playing fields, as these are not thought to be places where children are normally exposed, or the application of pesticides is done in a highly targeted way.

For guidance on how to identify non-toxic lawn care products examine the labels. If the product is labeled with an EPA Registration Number it means it is toxic to a degree, by virtue of its being registered. Such commercial lawn products like Roundup and Weed-B-Gone are not considered non-toxic and would be restricted from use in 2018 under Bill 52-14 when the law takes effect for private lawns. Labels indicating the product qualifies for an exemption from registration under the Federal Insecticide, Fungicide, and Rodenticide Act (FIFRA) are able to be used and are considered non-toxic. Labels that say “People & Pet Safe” when used as directed are good indicators of safe usage. The Organic Materials Review Institute (OMRI) maintains a directory of products that are compliant with organic standards. Begin looking at labels in our local stores and talk with your landscaping contractors and see what they have been using on your lawn.

Guidance was provided at the recent lecture in the series on Sustainable Living and Sustainable Communities at the Village Hall for those residents who want to start planning on how to convert to natural organic lawn care. To start, it was recommended that a soil test be conducted to determine current soil conditions. The pH level and nutrient levels of your soil are important indicators of healthy soil. Lawns that have been

heavily treated with chemicals to destroy weeds often kill living organisms that are part of the soil food web. Natural organic lawn care products that improve soil conditions include Biochar, compost, fungus control products, lime and natural organic fertilizers and OMRI-listed products. Mowing, watering, leaf mulching and aeration and overseeding are additional care techniques. Experts in natural organic lawn care caution that converting to a natural organic lawn is not immediate and expectations must be realistic. Success factors include setting reasonable expectations, budget and soil conditions. It is not an overnight process, but results can be very rewarding.

For those residents who would like additional guidance on how to move to a safer and healthy lawn, look for landscapers who are Accredited Organic Land Care Professionals or contact the Village Environment and Energy Committee for more information.

The Environment & Energy Committee

...Continued from Cover Article, “Construction Notice: Western Grove Urban Park”

In an effort to provide timely and accurate information regarding the progress of this project, a dedicated page has been created on the Village’s website for project updates, including construction progress, photos and renderings of what the park will look like once completed. Residents can access the page from the Village’s website at www.chevychasevillagemd.gov by clicking on the “Capital Improvements and Utility Upgrade Projects” link under the “News” tab.

If you have any questions regarding the project, please do not hesitate to contact Director of Municipal Operations, Michael Younes, in the Village office at (301) 654-7300 or via e-mail at michael.younes@montgomerycountymd.gov.

2016 RESIDENT DIRECTORY

Update forms were mailed to each Village household in May. Please remember to return your completed update form no later than **June 10, 2016** so changes and corrections may be made to your listing prior to the printing of the new Resident Directory. Residents will be able to pick-up a copy of the 2016 Resident Directory at and following this year’s July 4th Celebration. Copies of the 2015 Resident Directory are still available in the Village office.

INTERSECTION IMPROVEMENTS PROJECT AROUND VILLAGE HALL COMPLETED

The project to improve pedestrian and vehicle traffic flow along the roadways that surround the Village Hall has been completed. Improvement areas include entry into the Village from Connecticut Avenue at West Kirke Street, the intersection of West Kirke Street at Laurel Parkway, and the section of Laurel Parkway that runs along the rear of the Village Hall (adjacent to the Public Works Yard). These improvements will provide safer navigation for pedestrians and vehicle traffic. Relocation of the post office boxes on West Lenox Street and in front of the Village Hall will occur within the next six (6) weeks. Please contact the Director of Municipal Operations, Michael Younes at the Village office if you have any questions.

“DESIGN FOR LIFE”: NEW COUNTY TAX INCENTIVES FOR ACCESSIBILITY IMPROVEMENTS

The Montgomery County Department of Permitting Services (DPS) has launched a Design for Life Incentive Program intended to increase the stock of accessible and livable housing in Montgomery County. Tax incentives are available for improvements such as no-step entry and ramps; widened doorways; and kitchen and bathroom maneuverability. Improvements are meant to benefit all age brackets. For more information visit: <http://designforlifemc.org/>

NOISE START TIMES ENFORCED

With the weather getting warmer, many residents are hiring landscape crews and other contractors to maintain and make improvements to their properties. These contractors typically like to start early so they can avoid the heat of the day.

Residents are encouraged to remind their contractors and landscape crews that the Village noise ordinance prohibits the use of motorized equipment prior to 8:00 a.m. on weekdays and prior to 9:00 a.m. on the weekends and holidays. The noise regulations are strictly enforced by citation and fine.

DO I NEED A PERMIT?

If you are thinking of starting a renovation, building or landscape project, please be sure to contact the Village office for information as to what permits may be required. There are County and Village building regulations that may apply. Please contact Ellen Sands by phone ((301)-654-7300) or e-mail (ccvpermitting@montgomerycountymd.gov).

STEER CLEAR OF ILLEGAL TREE WORKERS: DO NOT HIRE TREE WORKERS WHO KNOCK ON YOUR DOOR AND OFFER SERVICES



State law requires persons who do tree work to be licensed by the Maryland Department of Natural Resources (DNR). It is a crime for anyone to offer or perform such services without being a Licensed Tree Expert (LTE)--even if they are licensed to do similar work in another state. Virtually all of the tree workers in the region are aware of this, yet time and again, “tree experts” from Virginia or elsewhere drive through the Village offering their services. Do not hire these folks.

The LTE certification ensures that the contractor has received training in safe tree practice. It also protects homeowners in the event of an accident or damage to property--yours or your neighbor's.

Some of these workers have defrauded residents—especially the elderly—by charging exorbitant rates for minimal work. County police investigators have seen cases where homeowners have paid thousands of dollars for little or no work at all.

Some of these workers have had active arrest warrants and significant criminal histories.

They will often assure residents that the proper permits have been obtained when that is not true. **Remember, it is ultimately the resident's responsibility to obtain the proper tree removal permit from the Village.**

If anyone offers to perform tree work at your home, please call the Village Communications Center immediately. We will respond and investigate.

If you want to remove a tree that is on your property, the first thing that you must do is contact Ms. Ellen Sands at the Village Hall. She will explain the 2-step process to you which will involve an inspection by the Village Arborist, and then the issuance of a permit. She can assist you in navigating this process.

Finally, before you hire any tree service company, we recommend that you first verify that the contractor is a Licensed Tree Expert as certified by the DNR. The web address below will take you directly to the page on DNR's website that lists all licensed tree companies in Maryland. We also recommend getting competitive estimates before making your final decision: http://dnr.maryland.gov/forests/tree_expert_search.asp.

BOARD ACTIONS:

MAY 9, 2016 BOARD OF MANAGERS' MEETING

Approval of Previous Meetings' Minutes

April 11, 2016 Executive Session Meeting - *approved* April 11, 2016 Regular Meeting - *approved*

Variance and Special Permit Requests:

A-6896 (Retroactive Variance Request): 207 Primrose Street

Maintain:

- a) an areaway roof cover which has been constructed and which encroaches a maximum of one foot, eight and one-half inches (1'-8 ½") into the seven (7) foot side (north) yard setback - *approved*
- b) a roof overhang extending from the rear porch which has been constructed and which encroaches a maximum of six (6) inches into the seven (7) foot side (north) yard setback - *approved*

A-6932 (a) & (b) (Variance Request): 5604 Kirkside Drive

Construct:

- a) an expanded portico, which would encroach a maximum of five feet, five inches (5'-5") forward of the twenty-five (25) foot front (Kirkside Dr.) building restriction line (BRL). The proposed portico would be eleven (11) inches wider than the existing portico, which presently encroaches three feet, nine and one-quarter inches (3'-9 ¼") forward of the front BRL - *approved*
- b) an expanded front stoop and steps, which would encroach a maximum of nine (9) feet forward of the twenty-five (25) foot front (Kirkside Drive) building restriction line. The proposed stoop would be nine (9) inches wider than the existing stoop and the proposed steps would be two feet, eleven inches (2'-11") wider than the existing front steps, which presently encroach a maximum of six feet, ten and one-quarter inches (6'-10 ¼") forward of the twenty-five foot front BRL - *approved*

Matters Presented for Board Discussion and Possible Action:

- **Landscape Plan for the Betty English Garden** - *approved*

Commission and Committee Appointments:

- **Financial Review Committee:** Appointment of Brian Christaldi (Oliver Street) as a member - *approved*
- **Tree Ordinance Board:** Appointment of Elizabeth Tyndall (East Melrose Street) as a member to serve a three-year term - *approved*; Appointment of Aaron Kramer (West Irving Street) as an alternate member to serve a two-year term - *approved*; Appointment of Susan Kirby (East Lenox Street) as an alternate member to serve a one-year term - *approved*

This is a synopsis of the Board's actions. To view an archive of the approved minutes, please visit the Village website: www.chevychasevillagemd.gov by clicking Governance, Board of Managers, Board Meeting Minutes. To listen to audio recordings of the most recent Board Meetings, please visit the Village website: www.chevychasevillagemd.gov by clicking on Governance, Board of Managers, Board Meeting Recordings.

Next Regular Board of Managers' Meeting: Monday, June 13, 2016 at 7:30 p.m.

SUMMARY OF TABULATED RESULTS AND VERBATIM COMMENTS TO THE CHEVY CHASE CENTER QUESTIONNAIRE AVAILABLE ONLINE

Thank you to the over 170 residents who took the time to complete and return the Village's Community Questionnaire regarding the proposed redesign of Chevy Chase Center. Residents can view a tabulation of the responses to the questionnaire, including verbatim comments, on the Village's website at www.chevychasevillagemd.gov by clicking on the "Chevy Chase Center Redevelopment" link under the "Quick Links" tab on the homepage.

The Village Board of Managers is reviewing the responses and plans to have further discussions with The Chevy Chase Land Company, Planning Staff, Montgomery County Department of Transportation's staff and the Planning Board to ensure the areas of primary concern to the Village are adequately addressed.

We continue to welcome residents' feedback regarding the proposed plan. Please contact Village Manager Ms. Shana Davis-Cook at shana.davis-cook@montgomerycountymd.gov or 301-654-7300 should you have any questions or comments you would like to share. Updated information regarding the proposed plans will continue to be added to the Village website.

THE POLICE BEAT

E-mail Police Chief John M. Fitzgerald: john.m.fitzgerald@montgomerycountymd.gov

SAVE THE DATE! "NATIONAL NIGHT OUT"

The Chevy Chase Village community and Police Department will be participating in National Night Out the evening of **Tuesday, August 2, 2016**. This is a great time to meet your fellow residents, police department personnel, and other first responders. Please join us in Newlands Park from **6:30 p.m. to 8:30 p.m.** for food, fun and giveaways!



SMOOTH OPERATOR BEGINS THIS MONTH

Smooth Operator 2016 is a statewide traffic safety enforcement effort and the Village Police Department will be participating. The program runs intermittently all summer long in three ten-day 'waves' of enforcement throughout the state.



Smooth Operator is a grant-funded program and the state will reimburse the Village for the time our officers spend during each enforcement wave. Village officers will be focusing primarily on four violations that are known to contribute to collisions and injuries:

1. Speeding,
2. Driving under the influence of alcohol or drugs,
3. Failure to use seat belts, and
4. Distracted driving

Please do your part and make traffic safety the highest priority whenever you are driving. Don't speed. Buckle up. Drive sober. And please have the will power to put all of your electronic devices away until you reach your destination. *Thank you!*

WHEN THE POWER GOES OUT...

When a power outage occurs, it is important for all residents to call the following two phone numbers:

1. **PEPCO at 1-(877)-PEPCO-62**
2. **Village Communications Center at (301) 654-7300**

If the power is restored and goes out again in a matter of minutes, the above two phone calls must be made again so the new outage is registered.

REMEMBER TO CLICK IT OR YOU WILL GET A TICKET

Maryland's mandatory seatbelt law was strengthened on October 1, 2013, and the fines were increased from \$25 to \$83. The changes included:



- **Under 16:** ALL occupants under 16 years of age are required to be belted in their seat regardless of where they sit in the vehicle. This is a primary offense and the citation will be issued to the **driver**
- **Under 8:** Any children under 8 years of age must be in a child safety seat unless they are taller than 4'-9" (there is no weight requirement any longer). This is a primary offense and the citation will be issued to the driver
- **16 years and older in the front seat:** Must be belted. This is a primary offense and the citation will be issued directly to the person not wearing their seatbelt
- **16 years and older in the back seat:** Must be belted. The citation will be issued directly to the person not wearing their seatbelt

Our Key Program only works if we have your key!

If you have not already done so, please consider participating by bringing in a copy of your house key in case you or a family member gets locked out and so the Village Police can access your home in an emergency.

STAY ALERT! SCHOOLS WILL SOON BE OUT FOR SUMMER

With schools soon letting out for the summer and an abundance of warm weather on the way, please be mindful of children riding bicycles and playing outside.

IMPORTANT REMINDER: WATER SAFETY FOR KIDS

Remember to keep a sharp eye on your children when they are near a pool or any other body of water. According to the CDC, every day about ten people die from unintentional drowning (non-boating related) in the United States. Of these, two are children aged 14 or younger. That means that over 700 children 14 or younger drown each year in the U.S. Drowning ranks fifth among the leading causes of unintentional injury death in the U. S.

COMMUNITY NEWS

THE SENIOR CORNER

For anyone who missed the “Fire Prevention and Safety in the Home” event last month, we have the information and forms you need to request a free inspection of your home by fire and rescue experts. The County is offering these inspections and also checking your smoke and carbon monoxide detectors. There are new safety regulations on these detectors to which they must conform. Contact me by phone or e-mail.

Now we move into the summer with the month of June. Many of you will be leaving us, but for those who will be here for all or part of the summer, we have several programs that will inform and/or entertain you:

Tuesday, June 14 – 2:00-4:00 p.m.: Meredith Mickelson, M.S. will offer a program that will help us with Balance and Fall Prevention. For many years, Meredith has been helping people to “reconnect, realign, refresh and restart” their bodies. Join us to learn and witness techniques that may help you in your daily living. Bring your friends and neighbors and also enjoy our refreshments.

SAVE THE DATES

Tuesday, July 12 – 2:00-4:00 p.m.: Our Annual Ice Cream Social. This year we will also have the prized movie “Brooklyn”, an Irish, British, Canadian drama about a young Irish woman who immigrated to Brooklyn, and the many choices she had to make. Again, bring your friends and neighbors to enjoy the film and the ice cream.

Tuesday, August 9 – 2:00-4:00 p.m.: “Alive Inside”, an award-winning film, being shown nationally, will be shown to us by Ellen Lebedow, LCSW-C, a Community Clinical Liaison with JSSA. She will be joined by JSSA Staff members after the showing to discuss the benefits to patients and caregivers using music. “Alive Inside” portrays the deep-seated emotional effect that music can have on individuals, especially those with memory loss. The program uses an iPod to play familiar music, which often has a calming effect and can stimulate long-forgotten memories and activities. The JSSA Staff will share some of the results that they have seen and also answer questions that you may have. We are so fortunate to have the opportunity to see this film and the wonderful results it is having. If you know care-givers or anyone with memory loss who could benefit from this film, please bring them and pass the word along.

Saturday, September 10 – 1:00-5 :00 p.m.: Our first piano concert, featuring works by Gershwin, and played by our own Ann Joseph. This will be a special event – our first musical program, a great way to start with Ann on the keys.

These events are co-sponsored by Chevy Chase Village and Chevy Chase @ Home. We welcome your ideas and suggestions for future programs on art, music, current events, entertainment, medicine, etc. E-mail or call me with the information - bettyoconnor2@verizon.net or 301-656-0597.

Betty O'Connor

Chair, Village Committee for Seniors

SIGN UP FOR EMAIL BLAST(S)

Sign-up for the Village Email Blasts! The Village operates two email distribution lists to deliver information to residents:

Urgent News Alerts are emergency alerts that are sent out only on an as-needed basis. **General News Alerts**, which are geared toward community events, Board Meetings, etc. are distributed weekly. To subscribe, please visit the Village’s website at www.chevychasevillagemd.gov and click on the “white envelope” located under the Village logo.

Note: In order to sign-up for the email services you must be a Village resident and have registered for access to the website.



It's that time of year.

FIGHT THE BITE

Protect you and
your family against

ZIKA

Montgomery County has created a dedicated webpage with information regarding the Zika and West Nile viruses and tips for preventing mosquitoes on your property.

Visit: <http://www.montgomerycountymd.gov/mosquito/>

UPDATE ON CONNECTICUT AVENUE PEDESTRIAN CROSSING SIGNAL

Due to the excessive rain over the past month, work to activate the pedestrian crossing at Connecticut Avenue and West Lenox Street have been delayed. SHA has informed the Village that they anticipate activating the signal within the next 3 weeks, weather permitting.

Remember it's the law for drivers to stop for pedestrians in a marked or unmarked crosswalk.

MAINTAINING RIGHTS-OF-WAYS

Shrubs and plantings are in full bloom. Take a walk around your property...are all of the public sidewalks surrounding your property clear of low-hanging branches, overgrown bushes and vines? Is the grass in the right-of-way and tree box area mowed and maintained at less than ten inches in height? Does any shrubbery block sight lines for vehicles?

Be a considerate neighbor (and comply with the Village

Code) by mowing the grass and pruning back any overgrowth that interferes with pedestrian use of the sidewalks abutting your property. Clearing these obstacles will continue to make the Village pedestrian, stroller and bicycle friendly- and safe for all.

HOLIDAY COLLECTION SCHEDULE FOR REFUSE AND RECYCLING Week of Independence Day: July 4-9, 2016

IF YOUR NORMAL COLLECTION DAY IS...	YOUR COLLECTION DAY WILL BE...
Monday	Tuesday
Tuesday	Wednesday
Wednesday	Thursday
Thursday	Friday
Friday	Saturday

CHEVY CHASE VILLAGE

ESTABLISHED 1890
5906 Connecticut Avenue
Chevy Chase, MD 20815

PRSRT STD
US Postage
PAID
Permit No. 7078
SUBURBAN, MD

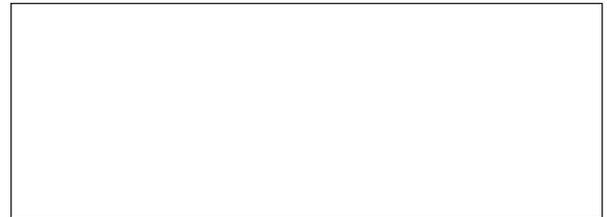
*Join your neighbors for the
4th of July Parade to the Park!
See the enclosed flyer for details.*

BOARD OF MANAGERS

Michael L. Denger - *Chair*
Elissa Leonard - *Vice-Chair*
Richard M. Ruda - *Secretary*
David L. Winstead - *Assistant Secretary*
Gary Crockett - *Treasurer*
Robert C. Goodwin, Jr. - *Assistant Treasurer*
Minh Le - *Board Member*

VILLAGE MANAGER

Shana R. Davis-Cook



BUILDING PERMITS ISSUED MAY 2016

5505 Center Street	Replace fence in the side and rear yards
5419 Center Street	Construct a new portico
205 Primrose Street	Construct new fence in the front yard
6128 Western Avenue	Construct new retaining wall in rear yard
5605 Park Street	Install replacement ac condenser in the right side yard
22 Grafton Street	Install replacement ac condenser in the rear side yard
8 West Irving Street	Install replacement ac condenser in the west side yard
3921 Oliver Street	Install replacement fence in the rear (north) and side (west) yards

DON'T FORGET!

Resident Directory update forms are due
Friday, June 10, 2016. The 2016 Resident
Directory will be available at the July 4th Party.

TRASH & RECYCLING COLLECTION; SPECIAL PICK-UPS



Resident input regarding the contracted services for trash and recycling collection is an important factor during the evaluation of these services. Please contact the Village office to provide your feedback.

The Village provides rear door collection of refuse and recycling as a convenience to our residents. Please leave your gates unlocked to allow access to your receptacles and remember to contact the Communications Center if either your refuse or recycling were not collected.

Special Pickups of bulk items are collected on Wednesdays. Requests must be submitted either by phone or the Village website by 2:00 p.m. on the preceding Tuesday to ensure collection.



The mobile service bus will visit the Friendship Heights Village Center along Friendship Boulevard on
Monday, June 20 from 10:00 a.m. to 2:00 p.m.
For more information, call (301)-656-2797 or visit
www.FriendshipHeightsmd.gov

Parade to the Park

Monday, July 4th, 2016

Assemble at the Village Hall at 10:15 a.m.

Parade leaves the Village Hall at 10:30 a.m.

Refreshments at the Park until 12:30 p.m.

Dress up your bikes, strollers and wagons.





Zumba® Gold/Zumba Level One Class
Wednesdays, 11:45 am – 12:45 pm
Two Sessions: Beginning June 1 and Ending July 27



Zumba Gold/Zumba Level One is designed for the active older adult, the true beginner, and people who need or want Zumba at a much lower intensity. The same great Latin styles of music and dance are used and this class is just as fun as regular Zumba classes. Zumba Gold classes strive to improve balance, strength, flexibility and most importantly, the heart. We use “very easy to follow” steps, which includes Salsa, Cha Cha, Merengue, Cumbia, Salsa, Rock & Roll (including Twist and Charleston), Belly Dance, Flamenco, Folk Dance and Tango.

Instructor Sharon Gelboin-Katz

Sharon Gelboin-Katz is licensed to teach Zumba/Gold. She has a strong background in folk dancing and teaching Israeli/International folkdance and movement to children and older adults. Sharon loves incorporating some of the fantastic movements she has learned from Israeli/International folkdance into her Zumba/Gold classes.

NOTE: *Please consult your physician before registering for any exercise class.*

Interested participants may register and pay online for the class at <http://chevychaseathome.org>, OR complete and return the form on the reverse. Please make your **check payable to Chevy Chase At Home (CC@H)**. Payment and registration may be returned to CCV Office or mailed to P.O. Box 15102, Chevy Chase, MD 20825. Class size limit: **10***.

Please note: You must sign and return a completed registration form AND waiver/release (on the reverse) to complete registration. **Participants who register online still need to submit the form.**

Class Registration: Zumba® Gold

Please check the price that applies. Students may enroll for both sessions.

JUNE SESSION

___ CCV Resident, CC@H Member, or Friends of CC@H (\$50 for the 5 week session, from 11:45 am to 12:45 pm each Wednesday, beginning June 1, 2016) **OR**

___ Community Member (\$60 for the 5 week session, from 11:45 am to 12:45 pm each Wednesday, beginning June 1, 2016).

JULY SESSION

___ CCV Resident, CC@H Member, or Friends of CC@H (\$40 for the 4 week session, from 11:45 am to 12:45 pm each Wednesday, beginning July 6, 2016) **OR**

___ Community Member (\$48 for the 4 week session, from 11:45 am to 12:45 pm each Wednesday, beginning July 6, 2016).

Questions? Send an e-mail to: info@chevychaseathome.org or call 301-657-3115. *Drop-ins welcome as space allows. Please call CC@Home for drop-in pricing.*

Registration on Reverse



Class Registration Form:
Zumba® Gold/Zumba Level One Class



Participant: Please Print Full Name

Street Address

Email Address

City, State, Zip Code

Daytime Telephone Number(s)

Chevy Chase Village Waiver and Release

In consideration of being permitted to participate in the following course/activity, sponsored by Chevy Chase Village and provided through Chevy Chase At Home (CC@ H):

1. I recognize that Chevy Chase Village and CC@ H are not responsible for the content or teaching of this course/activity and makes no warranties, and specifically disclaims any warranties, with respect thereto.
2. I am participating in the course/activity upon the express agreement and understanding that I am hereby waiving and releasing Chevy Chase Village, its officers, managers, employees and agents and those of CC@ H from any and all claims, costs, liabilities, expenses or judgments including attorneys' fees and court costs (herein, collectively referred to as "claims") arising out of my participation in the aforesaid course/activity and any illness injury or death resulting therefrom, and hereby agree to indemnify and hold harmless Chevy Chase Village, its officers, managers, employees and agents and those of CC@ H from and against all such claims except claims proximately caused by the gross negligence or willful misconduct of Chevy Chase Village or CC@ H.
3. As a participant in any program or class offered at Chevy Chase Village, I recognize and acknowledge that there are possible risks of physical injury, and I agree to assume the full risk of injuries, including death, damages or loss that I may sustain as a result of participating in any activities connected or associated with such program or class.
4. I am over the age of eighteen years and competent to enter into this waiver and release. I hereby execute and deliver this waiver and release voluntarily and with full understanding of the contents and consequences thereof and to induce Chevy Chase Village to permit me to participate in the program at Chevy Chase Village Hall.

Signature of Participant

Printed Name

Date

Help Us Prevent Thefts From Vehicles!

In an effort to reduce thefts from automobiles, the Montgomery County Police Department is asking that in the future, please lock your doors and remove all valuables from your vehicle or secure your personal property out of sight in the glove compartment, console or trunk.

What's In Your Car?

Laptop? Key Fob? Cell Phone? Phone Charger?
Briefcase? Purse? iPod? Gym Bag? GPS System?
Wallet? Money? Camera? Garage Opener? CD's?

The 2nd District is increasing police presence in communities, asking citizens to call the police immediately if they see something suspicious occurring, lock their vehicles, remove valuables from their vehicles, leave exterior lights on to enhance community lighting. Neighbors should look out for one another.

If you SEE Something, SAY Something.

We can all help keep our communities safe by paying attention to our surroundings and reporting suspicious activity to local law enforcement.

We all play a role in keeping our community safe.

To report suspicious activity, contact your local law enforcement agency. Describe specifically what you observed, including:

- ✓ Who or what you saw;
- ✓ When you saw it;
- ✓ Where it occurred; and
- ✓ Why it's suspicious.

Non-emergency, call 301-279-8000

If there is an emergency, CALL 9-1-1.



Montgomery County, Maryland
Department of Police
2ND DISTRICT
7359 Wisconsin Avenue, Bethesda, Maryland 20814

Remember to: Light It Up and Lock It Up!



Today, many of us are busier than ever before, and we don't always think about security habits and crime prevention. Thefts

from autos and burglaries (where a house is entered) are our two most prevalent crimes. These property crimes are indeed crimes of opportunity, and we should take reasonable steps to reduce those opportunities.



We urge all residents to immediately incorporate the following 'Light It Up and Lock It Up!' habits into their daily routines for the benefit of all Village residents:



1. Light up your house. Specifically, every home should have **two exterior lights** (one in the front and one in the rear) turned on through **all hours of darkness**. Dusk-to-dawn or timer-controlled lights turn on automatically and can continue doing so when you are away from home. Turning on outside lights can reduce dark areas while simultaneously

enabling our officers to see someone who may be lurking at night.

2. Lock up your house. Doors and windows should be locked—not just at night and when you are away from home, but at all times. A burglar may attempt to enter your home when you are inside—they may not know or care that you are home.



3. Lock up your car. Never leave your vehicle unattended with the engine running, and **always lock your car** when you park. Additionally, all **valuables** must either be **removed** from your car (this is preferable), or at a minimum, valuables—and any related accessories—should be **completely hidden** from view.



4. Call the police immediately when you see or hear anything suspicious. Residents are sometimes reluctant to call the police (or delay calling) for various reasons. Our police department wants to hear



from you right away when something happens so that they can respond and investigate whatever you've seen or heard. If we don't call the police right away, chances increase that the thieves will not be caught. A successful night of property crime emboldens the thieves to come back to the Village and do their crimes again. Call the police. That's what they're here for.

Home Safety Tips

- * Use deadbolt locks on exterior doors. Keep your doors locked, even when you are home.
- * Protect your windows and sliding glass doors with good locks or other security devices.
- * **DO NOT** hide keys in mailboxes, planters, or under doormats. Instead leave an extra set of keys with a trusted neighbor.
- * The Chevy Chase Village Police Department operates a Resident Key Program for Village residents wishing to leave a key on file with the department.
- * Don't advertise if you live alone. In phone books and directories use only your first initial and last name.
- * Get to know your neighbors and keep their phone numbers handy for emergencies.
- * Work out a "buddy" system with a friend to check on each other daily.

